

College and Career Readiness Counseling in Schools

College Success Forum
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Pennsylvania
Department of Education

Presenters

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Objectives

- Explore the key historical aspects of school counseling
- Discuss legislative impacts on school counseling
- Review the ASCA National Model and additional resources
- Review the multi-tiered system of supports as it relates to college/career counseling



Historical Highlights



Early 1900s: The **Industrial Revolution** spurred the creation of vocational guidance.



1946: The **Vocational Education Act** was passed in Washington, D.C. provided funding for supervision, counselor education, research and salary reimbursement to counselors and supervisors.



1978: **22 Pa. Code § 339.31. Plan** requires that schools have "a written plan on file, approved by the local board of school directors, for the development and implementation of a comprehensive, sequential program of guidance services for kindergarten through 12th grade. The plan must include procedures to provide for guidance services to AVTSs."



2015: **Every Student Succeeds Act**: "All students prepared to be college, career and life ready."



2018: **Act 158** was passed in PA, which allowed for alternate methods for demonstrating postsecondary readiness.



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➤ American School Counselor Association (ASCA)

1952 – ASCA founded, supporting school counselors – the exemplar resource and support network for school counselors



Key resources supporting college and career readiness



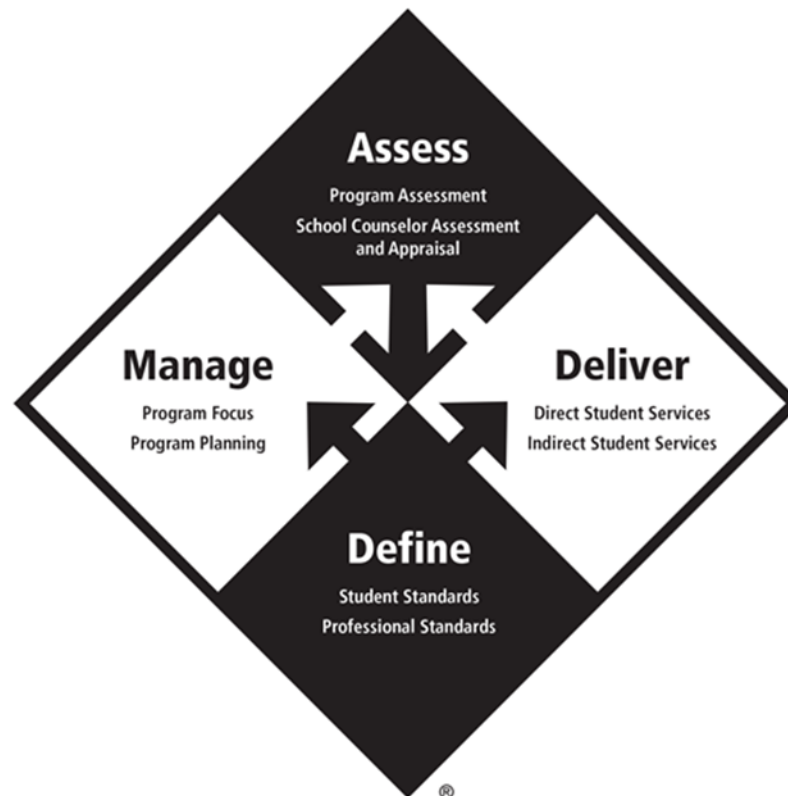
ASCA National Model: A Framework for School Counseling Programs (Define, Manage, Deliver and Assess), now in fifth edition



ASCA Student Standards: Mindsets and Behaviors for Student Success (describes the knowledge, skills and attitudes students need to achieve success and development)



ASCA National Model



➤ ASCA Resources

- School counselors "serve as a guide for the ethical practices of all individuals serving in a school counseling capacity...regardless of grade level, geographic region, population served or ASCA membership."
- "Every student can learn and succeed, graduate from high school prepared for postsecondary opportunities;...school counseling programs promote and enhance student academic, career and social/emotional outcomes."

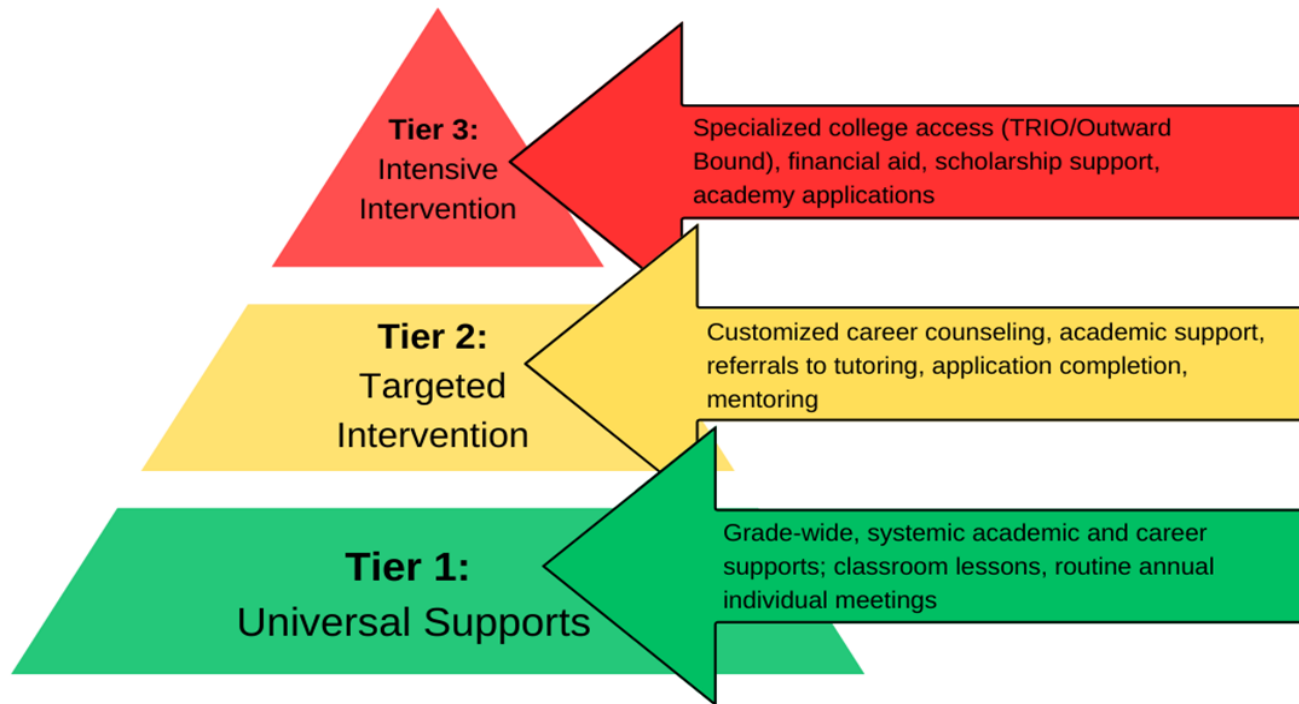


▶ Multi-Tiered System of Supports

- Tier 1 – Primary/Universal Supports
- Tier 2 – Secondary/Targeted Supports
- Tier 3 – Tertiary/Intensive Supports
- MTSS Framework endeavors to meet the needs of all students. This proactive practice allows comprehensive school counseling programs to work from a platform of equity and access to postsecondary planning and outcomes for every students.
- School Counselor Role



▶ MTSS Triangle-College/Career Readiness



Tiered College/Career Readiness



➤ Tier 1 Programming: Grade 9

Focus Areas	Activities/Interventions
Foundation building: Ninth grade students must build the academic and career foundation which may serve as a springboard for future college and career planning.	• Introduction to 4-year academic planning and course selection • Assessment of student's strengths, interests and values • Career exploration • Introduction to employability skills • Matching extracurricular activities to career interests • Host a scheduling/academic program overview event for parents/caregivers that demonstrates the four-year academic and career plan and provides an overview of academic and career opportunities, requirements (military, NCAA, etc.).



► Tier 1 Programming: Grade 10

Focus Areas	Activities/Interventions
Exploration and planning: As students move into 10 th grade, there is a shift to a deeper dive into exploration and planning. School counselors support students as they identify potential career pathways and make connections to the matching postsecondary pathway as students refine their academic and career goals.	• Setting academic and career goals • Career and college options exploration • Review and update academic plan • Host a scheduling/academic program overview event for parents/caregivers that demonstrates the four-year academic and career plan and provides an overview of academic and career opportunities, requirements (military, NCAA, etc.) • Introduce standardized college admission testing and test preparation • Introduce financial planning for college



➤ Tier 1 Programming: Grade 11

Focus Areas	Activities/Interventions
College and career planning: The junior year is a critical time for both college and career planning. School counselors will guide the development of a student's personalized postsecondary plan. This plan will include standardized admission testing preparation, college list solidification, and planning a timeline for college and financial aid applications. School counselors will also work with students in providing support for job shadowing, internships, and other experiential learning opportunities.	• Standardized admission test preparation (PSAT, SAT, ACT) • Resume building and interviewing skills • Matching career interests to postsecondary plan • College searching, producing a school list • Identifying financial aid opportunities • Creating a college application timeline • Host a scheduling/academic program overview event for parents/caregivers that demonstrates the four-year academic and career plan and provides an overview and demonstrate resources related to postsecondary planning and acquisition

➤ Tier 1 Programming: Grade 12

Focus Areas	Activities/Interventions
Finalizing postsecondary plans and transition: School counselors play a critical role in facilitating the postsecondary process. In the senior year students will be finalizing postsecondary plans and securing access to education and training.	• Completing and submitting college applications • Completing the Free Application for Federal Student Aid (FAFSA) • Decision-making regarding college acceptance • Transition planning (high school to college) • Host a scheduling/academic program overview event for parents and caregivers that demonstrates the outcome of the academic progress to date; provide an overview and demonstrate resources related to postsecondary planning and acquisition, including required paperwork, processes (FERPA release, transcript requests) • Hold college/career specific events including financial aid, college selection, trades events, college fair for students and parents/caregivers • Host individual meetings with parents/caregivers to address student-specific questions and needs and facilitate the application process as needed

Where It Fits

Activity	Graduation Pathways	CEW Standards	K-12 Guidance Plan	ASCA Student Standards
Admission Rep Visits		X	X	X
Service learning	X	X	X	X
Work-based learning	X	X	X	X
FAFSA Presentation		X	X	X
Academic/postsecondary planning ind. meetings	No...but will impact!	X	X	X



Activity

NO LATER THAN GRADE 11

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| <ul style="list-style-type: none"> • Participate in a job shadow or workforce visit • Practice professional communication with a range of adults outside of school • Apply for/obtain a summer job or internship in a field related to career interests • Research multiple pathways and salaries for 3 potential career interests | <ul style="list-style-type: none"> • Facilitate family attendance at a financial aid workshop to learn about eligibility for state and federal financial aid and scholarships to help pay for postsecondary education • Look at FAFSA/state aid applications and understand what documents are needed for completion; create FSAID (if applicable) | <ul style="list-style-type: none"> • Use classroom assignments to reflect on personal values and priorities • Research 3 potential postsecondary pathways that connect to personal interests and talents • Visit at least 3 college campuses or workforce/apprenticeship providers • Attend a college or career fair • Complete a practice college or job application • Make a balanced postsecondary list that includes reach, match and likely options | <ul style="list-style-type: none"> • Ensure that high school course taking continues to align to postsecondary aspirations • Enroll, as appropriate, in dual credit opportunities • Start a portfolio of application materials, including (as needed) a personal statement and activities list/brag sheet • Prepare for and take relevant standardized admissions tests (SAT/ACT/other) |
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GRADE 12

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| <ul style="list-style-type: none"> • Utilize professional communication skills with adults outside of school • Practice interview skills through mock or informational interviews • Update resume • Identify career prospects in the local community | <ul style="list-style-type: none"> • Complete applicable federal & state financial aid application, including all necessary corrections • Read and compare financial aid award letters; identify loan options and debt implications • Complete final steps to receive financial aid, including signing financial aid package offer, completing entrance loan counseling, etc. • Apply for relevant additional scholarships | <ul style="list-style-type: none"> • Complete 3 or more postsecondary applications or workforce applications • Visit postsecondary destinations of interest and assess match • Talk with family and trusted school staff about choices • Commit to a postsecondary destination and complete all required matriculation steps | <ul style="list-style-type: none"> • Enroll, as appropriate, in dual credit opportunities • Identify 2-3 people to serve as references/ write letters of recommendation • Prepare for and take postsecondary placement and/or certification exams • Gather and transfer earned credits from dual enrollment/AP opportunities |
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➤ Turn and Talk

- When considering your comprehensive school counseling program, how do you embed Tier 2 or 3 interventions related to college and career readiness?
- Based on the framework, are there gaps in your service delivery?
- How have graduation pathways influenced your college/career interventions? What opportunities are presented? When?



Questions



➤ Contact/Mission

For more information on college and career readiness counseling, please visit PDE's website at www.education.pa.gov

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The mission of the Department of Education is to ensure that every learner has access to a world-class education system that academically prepares children and adults to succeed as productive citizens. Further, the Department seeks to establish a culture that is committed to improving opportunities throughout the commonwealth by ensuring that technical support, resources, and optimal learning environments are available for all students, whether children or adults.



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